

SUPPS JACKED-IN-A-BOX



The Goods

November's Jacked-in-a-Box showcased innovative new products to help you get big and shredded. **by The M&F Editors**

INNOVATION is what keeps the supplement industry moving. Whether it's the development of a new product or improving upon existing formulas, cutting-edge companies are always looking for new ingredients, better flavors, and new delivery systems.

BPI is one such company. In October we sent out samples of BPI's new protein candy, Funnbar. In November we included **1.M.R Vortex** ❶. 1.M.R is an example of a product that has been improved as new research emerges. The pre-workout formula launched in 2009, but in 2011 a new 1.M.R formula that was even stronger and more powerful hit the shelves. 1.M.R Vortex launched in 2013. Now, BPI has given the product a new look while retaining the same great formula

that helps you perform more reps with better focus and enhanced energy.

We're always writing about different ways to get more protein into your diet, and **MET-Rx ISO 20 Gel** ❷ certainly fits the bill: It's 20 grams of whey isolate protein in gel form in a convenient disposable pouch. It contains no sugar or fat, and has four grams of BCAAs from protein.

BARS are of course a quick and popular way to get extra protein into your diet, so we included the **MuscleMeds Carnivor** ❸ soft-baked protein bar—derived from beef protein isolate—in November's sample box. This bar packs 30 grams of protein with only five grams of sugar; members received our favorite flavor, chocolate peanut butter.

For guys looking to get lean, we shipped a trio of fat burners, **Zantrex-3** ❹, **Beast 2 Shredded** ❺, and **Betancourt Ripped Juice EX2** ❻. Zantrex-3 contains a proprietary blend of yerba mate, guarana, green tea extract, and other ingredients to increase metabolism and fat oxidation, making it perfect to take in the morning or before a workout to give you extra energy and increase fat-burning. We also sent orange/mango-flavored Beast 2 Shredded powder (also available as a pill) for another option. The 2 Shredded formula includes caffeine and green tea to increase energy and dandelion and horsetail extracts to prevent bloating. The formula works to burn fat and control appetite. Betancourt Ripped Juice EX2 was designed to

increase the body's metabolic rate and fat oxidation. Betancourt has used the latest research on nootropics (also known as "smart drugs") to create its best formula yet for sustained energy and focus.

November also included a trial-size (30 capsules) box of High T **High G** ❼. The makers of High T created High G with alpha-glycerol phosphoryl choline to regulate hormone growth. Take this supp with regular workouts; you'll notice an increase in strength and stamina.

BONUS Also included in November's Jacked-in-a-Box: **Muscleology MyoFiber** ❸ and **MRI NO2 Black Full Cycle** ❹; one in every three sample boxes got a **Promax Lower Sugar bar** ❿.

